



## My Daughter's Kitchen Volunteer Opportunity

### Volunteer Role

My Daughter's Kitchen was founded by Maureen Fitzgerald, former Food Editor of *The Philadelphia Inquirer*, to teach young people how to cook fresh meals from scratch. We are looking for committed volunteers who are interested working with students once a week for an eight-week semester at one of our partner schools. In each MDK session, students and volunteers prepare a homemade recipe from the first slice to the last serving. At the end of each class, the group sits down to sample their creation and enjoy the meal together.

Volunteers are responsible for:

- Attending the *My Daughter's Kitchen* Volunteer kick-off and program orientation each semester
- Reviewing and utilizing the volunteer binder provided by VCP
- Purchasing ingredients before each class using a prepaid gift card provided by VCP and saving the receipts
- Transporting themselves to and from the MDK site
- Leading and facilitating each MDK session with another adult volunteer
- Submitting an email with attendance, pictures, and anecdotes from each session to program organizers
- Encouraging and modeling food exploration and healthy behaviors
- Creating a positive and empowering environment
- Communicating updates, changes, and any questions to site point-of-contact
- Sending required materials back to VCP as needed throughout the semester (i.e. receipts!)
- Ensuring that the site kitchen space is left as it was found following each class

### Schedule

Specific schedules vary site to site, but all of our MDK sessions:

- Run once a week for 8 weeks after school on the site's selected day of the week (any day but Friday).
- Are designed for 5-6 students, 4<sup>th</sup> grade and up.
- Are scheduled for a 2-hour block of after-school time, but volunteers will contribute up to 3-4 hours each week including shopping, travel, and correspondence.

**Volunteers must be able to commit to an 8-week program, meeting on the same day each week. Because My Daughter's Kitchen is 100% volunteer-led, we rely on our volunteers to be consistent and reliable. Volunteers will be placed at sites as we hear back from our partners with confirmed schedules at the beginning of each semester. If there are one or two dates that do not work with your schedule, please let us know as soon as you are able so that we can ensure a substitute is available and assigned.**

**Our team works hard to place volunteers at sites that are accommodating to their day of the week preferences and geographical location – perfect placement is not always guaranteed, but we do our best!**