

Cilantro Lime Crema



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Ingredients:

- ¼ cup thinly sliced green onions (about 2 scallions)
- ¼ cup chopped fresh cilantro
- 1 cup plain, low fat yogurt
- ½ avocado, skin and seed removed
- 1 teaspoon grated lime zest
- Juice of 1 lime
- 1 garlic clove, minced
- ½ teaspoon salt
- ¼ teaspoon black pepper

Instructions:

1. Mix all ingredients together in a medium bowl or blend well with an immersion blender or food processor. Add a splash of water if texture is too thick.
2. Serve cold on top of soup, tacos, or other dishes.

