

EAT. EDUCATE. EMPOWER.





2021: THE YEAR OF COOKING AT HOME, TOGETHER

Across Philadelphia and Camden, Vetri Community Partnership is empowering kids and families for a lifetime of making healthy and nutritious choices.

As we reflect back on the key impacts from 2021, we are grateful for those who have helped to create a space for sharing inspiration, resources, and our favorite recipes.

Thank you for making 2021 the year of "Cooking at Home, Together" and for your shared passion for our mission.



NEW SUMMER PROGRAMMING

For the first time ever, Vetri Community
Partnership welcomed Philadelphia's kids to
Vetri Cooking Lab in the summer.

Over the course of 6-weeks, more than 270 students learned valuable nutrition knowledge and cooking related skills through fun and interactive experiences.

Thanks to your generosity, all students were able to join us completely free of cost to their families.

35

Summer

271

Students

"I HAVE NEVER HAD A QUESADILLA MADE FROM JUST VEGGIES BEFORE SAND THIS WAS DELICIOUS!

-PARTICIPANT, COMMUNITY PARTNERSHIP SCHOOLS

PILOTED AN ELEVATED VETRI COOKING LAB

We're taking Vetri Cooking Lab to the next level! With a new curriculum for high school students, we are diving deeper into developing culinary skills and nutrition education for teens who have more agency in buying and preparing their own food.

Plans to expand Vetri Cooking Lab's high school curriculum and partners are underway!



"I MADE A 3-YEAR COMMITTMENT TO SUPPORTING NUTRITION EDUCATION FOR HIGH SCHOOL STUDENTS. IT IS SO IMPORTANT TO TEACH YOUNG PEOPLE THE FUN OF MAKING DELICIOUS, HEALTHY MEALS AT HOME. PLUS, THE EDUCATION MIGHT EVEN LEAD TO EMPLOYMENT OR OTHER PROFESSIONAL OPPORTUNITIES."

-L. HABER, VETRI COOKING LAB HIGH SCHOOL DONOR

INTEGRATING FOOD & MEDICINE

The Virtual Teaching Kitchen was in full service for our Culinary Medicine partners, pairing culinary, nutrition, and medical education.

Through new Culinary Medicine partnerships, VCP expanded our services to the state of Delaware for the first time, offering cooking classes focused on women's health topics, such as eating for pregnancy and menopause.

49

Medically-focused sessions

819

Medical students, practitioners & patients



"HAVING THE LESSONS AND RECIPES ALIGN WITH THE CONTENT WE WERE LEARNING IN MED SCHOOL HELPED ME CONNECT MY MEDICAL KNOWLEDGE TO FOOD AND THE KITCHEN. THIS COURSE SHOULD BE REQUIRED FOR ALL MEDICAL STUDENTS.

- CULINARY MEDICINE PARTICIPANT, MEDICAL STUDEN

BUILDING A CULTURE OF WELLNESS THROUGH SNAP-ED

Through virtual learning, EAT360 has continued to develop a strong culture of wellness in our school communities. By being invited into the homes of students and families, we are continuing to connect with students in a personal and impactful manner.

New in 2021--Family Cooking Nights. Students enrolled in EAT360 school-day programming had the opportunity to invite their families to our new Family Cooking Nights. By engaging siblings and caregivers, EAT360 students showed off their cooking skills while extending impact beyond the school walls.





565

Behaviorally focused, evidence-based, virtual sessions 14,487

Students & caregivers

"I'M REALLY GLAD I CAME TO FAMILY COOKING NIGHT BECAUSE I GOT TO MAKE THE CUBAN BEANS WITH MY DAD. THIS WAS THE MOST FUN FRIDAY NIGHT EVER. -FAMILY COOKING NIGHT PARTICIPANT & RECIPE ILLUSTRATOR

View the full EAT360
Evaluation Report

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ENGAGING OUR COMMUNITY ONLINE



Vetri Community Partnership continues to build our online presence and share resources through a variety of online channels.

Recipes, instructional videos, and resources for learning are now just a click away via our YouTube, social media, and weekly e-newsletter, The Weekly Dish.



3,437

Weekly Dish subscribers

45

New instructional
YouTube videos

11,265

Social media

68

Recipes available on vetricommunity.org





WELCOME TO THE VIRTUAL TEACHING KITCHEN

Community partners and the public were invited into the Virtual Teaching Kitchen to cook alongside our educators to learn or improve their fundamental cooking skills.

41

Sessions in the Virtual Teaching Kitchen **770**

Kids, families & community members

"I LEARNED BETTER KNIFE SKILLS FOR PREPARING VEGETABLES AND HOW TO WORK WITH VEGETABLES I HAVEN'T COOKED BEFORE.

-KANEISHA, ON THE VIRTUAL TEACHING KITCHEN



EAT TO EMPOWER VIRTUAL

This year helped us to be creative in all aspects of our work. During the annual Eat to Empower event, VCP co-founder Chef Marc Vetri and his father, Sal, warmed hearts while preparing Sal's Old School Meatballs. Your support raised more than \$100,000 for VCP's culinary and nutrition education programs.



"THE EAT TO EMPOWER 'MEATBALL BONANZA' WAS EXCELLENT AND BROUGHT ME A VERY WELCOMED HOUR OF JOY! IT WAS A PLEASURE TO PARTICIPATE IN SUPPORT OF NUTRITION EDUCATION."

-TARA D., EAT TO EMPOWER VIRTUAL GUEST



"I JOINED THE SPICE CABINET BECAUSE OF THE TANGIBLE DIFFERENCE IN THE LIVES OF THE COMMUNITIES VCP SERVES. BY DONATING ON AN ONGOING MONTHLY BASIS, IT PROVIDES CONSISTENCY THAT ALLOWS VCP TO PLAN FOR THEIR FUTURE.

-LISA K., SPICE CABINET MEMBER

Spice Cabinet Membership

16

New

42

Tota

SPICE CABINET MEMBERSHIP & CORPORATE PARTNERSHIP

Through an enhanced membership model, we welcomed new friends and old into the VCP family. By making a recurring donation, Spice Cabinet members are building the solid and dependable foundation needed to continue empowering area children and families to lead healthy lives.

VCP's new corporate partner program provides an opportunity for our organization to work with companies that share our passion for nutrition, education, and cooking. Our partners enjoy curated wellness content, virtual culinary team building, and brand awareness initiatives that support both their company's goals and VCP's mission.



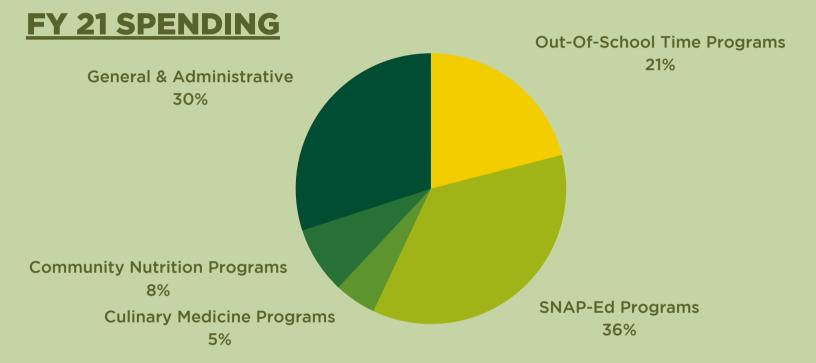
"THIS PARTNERSHIP HAS BEEN A FANTASTIC RESOURCE FOR THE HEALTH AND WELLNESS OF OUR EMPLOYEES!"

-CHRISTINE H., CORPORATE PARTNER REPRESENTATIVE

2021 WAS THE YEAR OF COOKING AT HOME, **TOGETHER**

\$2 MILLION RAISED IN 2021

& MORE THAN 20,000 KIDS, FAMILIES & **COMMUNITY MEMBERS WERE SERVED**



2021 EDUCATION PARTNERS

Achieving Independence Center ADAC Youth & Family Services Alexander Adaire School Alexander K. McClure Elementary **Bethune Elementary School** Big Brothers Big Sisters Independence Boys and Girls Club of Camden County Chester A. Arthur School Children's Hospital of Philadelphia Christiana Care Health System **Community Partnership School** Congreso De Latinos **CORA Services Delaware Valley Community Health Disston Elementary School Einstein Medical Center** Fox Chase School Global Leadership Academy **Greater Philadelphia YMCA** Hardy Williams Mastery Charter School **Harrity Elementary**

Hopeworks **Horizon House Independence Charter Schools** Jefferson Recreation and Fitness Center Southwark School **Jefferson University Hospitals JeffMD KIPP Cooper Norcross Academy** Laurel Hill Cemetery **Lindley Academy Charter School Lonnie Young Recreation Center** Mary McLeod Bethune School **Masterman School** McCall Elementary and Middle School MANNA Mighty Writers Camden Morton McMichael School Paul L Dunbar School Perelman School of Medicine Philabundance

Holy Innocents School

HomeFront NJ

Philadelphia College of Osteopathic Medicine Philadelphia FIGHT Russell Byers Charter School Snider Youth Hockey Solomon Solis-Cohen School St. Dominic School St. Laurentius Catholic School Stephen Decatur School **Steppingstone Scholars Tanner Duckrey Elementary TECH Freire Charter High School** Tilden Middle School **Universal Alcorn Charter School** Wharton School William H. Loesche School William H. Ziegler School Wissahickon Charter Schools Young Scholars Charter School

Ziegler Elementary

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THANK YOU!